The new way...
From ‘Arahat Athersata’, page 76

592. Der neu zu beschreitende Weg ist sehr schwer für den Erdenmenschen, insbesondere für den vom Zivilisationseifer geknechteten Menschen der weissen Rasse.

593. Doch nach den unerbittlichen Gesetzen und Geboten der Schöpfung muss jede Lebensform das ernten, was sie sich selbst gesät hat.

594. Wer daher Irrlehren und Vergängliches sät, der wird Irrfolgen, Irrschlüsse und Staub ernten, wer aber die unvergängliche ewige Wahrheit sät, der wird Weisheit ernten und gelassenen Schrittes durch alle aufkommenden Wirrnisse der Zeiten schreiten und beständig siegen.

592. The new way to be walked is very difficult for the Earth human being, especially for the human being of the white race enslaved by the fervour for civilisation.

593. However, according to the inexorable laws and recommendations of the Creation, each life form must reap what it has sown for itself.

594. Therefore, whoever sows irrational teachings and transitory things will reap irrational results, irrational conclusions and dust; but who-ever sows the immortal eternal truth will reap wisdom and walk calmly through all arising confusion of the times and constantly win.
‘The Way to Live’ - Why Translate it?

This book has been a particular joy and treasure for me and I felt sure it would be especially useful for others too during the time before Billy’s other works are in circulation in the English speaking world. And so I felt it was a good choice to translate sooner rather than later although there are all the others which are also precious beyond measure. I am trying to take my mind more than twelve years back to my first reading of ‘Die Art zu Leben’, when I struggled mightily with my very new and weak German, the teaching all the more valuable for the effort. What were my first impressions of it? It is so loving, intelligent, precise, thorough, deep, beautiful and moving. I remember being absolutely delighted and excited by it, as if a staircase had appeared allowing my consciousness to climb to a better place. It was clear to me it was the pure, clear water, beyond the muddled, cloudy, unsatisfying teaching so far available here on Earth. Here is a book – certainly one of many of Billy’s – in which the age old wisdom of the prophets is delivered anew, directly, in modern language, to the human being of Earth. I had delighted in some of the others already, but was especially overjoyed and stimulated by the density of this one and the varied content, the poetry, the sense it gave me of confidence that it was just what I needed, just what we all need – food for many years of evolutive thought, so jam packed, so obviously drawing from a huge and ancient bank of knowledge stretching incomprehensibly far beyond the limits of its covers. And even in this book, despite its limits, seemingly endless aspects of life are refreshingly examined and elucidated, so deeply penetrating and incisive.

The title says it all – ‘The Way to Live’. Absolutely without qualification, this book offers the reader no less than instruction on how to live life. And yet, there is no pretentiousness or arrogance in that title. It is practical and plainly descriptive. That sums up the whole book, and not surprisingly, the whole of this renewed teaching. Although there is certainly poetry and beauty in this writing, BEAM nonetheless proceeds in a straightforward form delivering the necessary journey of learning with no view to popular trends or easy consumption. The wisdom of the ages speaks for itself. He understands the reader’s need to make every effort to get the learning from this text without being seduced or drawn in by a comfortable style.

“Rely on the truth of the creational laws and recommendations and not on the personality of a human being; consequently, a human being ought not to ever rely on the personality of a teacher, rather solely on the teacher’s message, and indeed only when it corresponds to the truth in truly form.” (No. 356)

“Verlass dich auf die Wahrheit der schöpferischen Gesetze und Gebote und nicht auf die Persönlichkeit eines Menschen; folglich soll sich auch niemals ein Mensch auf die Persönlichkeit eines Lehrers verlassen, sondern einzig und allein nur auf des Lehrers Botschaft, und zwar auch nur dann, wenn diese in wahrlicher Form der Wahrheit entspricht.“

Those who are familiar with Billy’s seemingly endless sentences and long words, and the poetry in this book, might wonder how I can call the writing ‘plainly descriptive’. My answer is that although there are very many long words – and we translators laboured for hundreds of hours over them – none are there without good reason, which is to very precisely communicate the real truth. If all the meaning is not grasped the first time, it can be taken in the second time, or the third, or the fourth, or the fifth, or maybe in the next incarnation.

What is it about this book that makes it so stimulating and transformative? I have found that other books that attempt to show the correct way to live might be like a comfortable or moderate walk through a forest or other landscape of some kind, offering a particular point of view here or there that we can stop and ponder for a while perhaps refreshing, challenging, inspiring, or perhaps not. For me, this book is like a walk through a raw, untouched wilderness landscape where, instead of taking a comfortable route through the varied terrain, the walker is led up and down every crevice, every gully or ravine, no matter how steep, or he/she is led endlessly through the barren plains, then right through all the forest types, one after another, although the first seemed
the sun and into a cavern! Then he/she is led out again and ... The guide, maintaining a cracking pace, seems oblivious to the walker’s aching legs or desire to stop and absorb just some of what was experienced. He seems oblivious to the walker’s confusion at the jarring juxtaposition of very familiar and very unfamiliar things. He just marches on, tirelessly, without apology, without pretence, right through the wisdom of the ages. But at the end of it all, the walker – dazzled and somewhat overwhelmed – knows she or he has had the most insightful and invigorating trip of a lifetime, because of the interesting bits, because of the exciting bits, but also because of the repetitive and gruelling bits and perhaps most of all because of the confronting bits. And the guide knew exactly what he was doing.

Of course, this is a book, not a wilderness, and the reader chooses to come along and can actually stop at any time. In this teaching, the idea of effort and work and developing a will is embraced as being something to enjoy and something essential for progress in evolution in our responsibility for ourselves.

34) ... “When the human being works, then he/she is like the cosmic harmony which undulates through everything, and which – as if through a soft whispering – lets everything vibrate in love and joy; and which true human being remains mute, still and inactive when his/her environment and the cosmos spread the melody of love, concord and joy in harmonious accord? The old teaching that work is a curse, and is toil and unfortunate, is erroneous, because truthly, work is the pride of the human being and the way to the existence, and evolution is the reward for the effort. Therefore, when the human being works, he/she fulfils a part of the progress of the human dream, which is anchored in the creational-natural laws and recommendations as striving, and is already with him/her at birth.”

Over many years I have thought that this book is a good one to translate first, because it contains essays and practical instruction on such a wide range of topics. Many interested readers dearly want the meditation books translated, and those on death, dying and reincarnation are on the top of the list too. Along with so many other topics, ‘The Way to Live’ deals with meditation and death and dying quite comprehensively. If I was allowed only one of Billy’s books, I think I would choose this one because of its sheer scope. These instructions are interspersed with dense and, as I have said, often difficult essays describing the key principles of life – the degree of difficulty in each corresponding to the degree of nourishing learning each can provide if studied thoroughly.

A key message is, engage in life, make a real effort and truly live, for the sake of the evolution of the consciousness – gaining love, knowledge and wisdom. And while the highest spiritual principles are unmistakably the foundation of this text, unlike with so many common new age teachings we are not told to remove ourselves from the immediate physical reality, apart from for reflection, meditation and recuperation. We are not invited off into ‘other’ ‘better’ realms where day to day life is made pointless or unimportant, or is escaped or negated. Instead we are taught to re-form our personalities in line with the creational laws, to re-forge our lives whereby the daily work and life routine is the critical interface for this satisfying task.

Other topics include the nature of the consciousness, the role of work, the necessity of striving, the true nature of creational love, how busyness can be a form of laziness, the duty we have to nurture and love ourselves, how to truly honour and respect each other and all life, the importance of coming to terms with death, how to regard a teacher – all interspersed with short, thought-provoking proverbs of wisdom, each line seeming to contain a whole world of thought.
The instruction is very practical, demanding an effort from the reader so that the learning gleaned from the explanations is a result of personal choice and personal striving with the use of reason, intellect and logic. Anyone wanting a comfy, easy ride might as well forget this book. But if you are looking for real, gritty nuts and bolts reality which does certainly extend to the sublime realms of the spiritual, the fine-spiritual perception, the peace, harmony, equanimity and evolution, then this book will very likely be your trusty companion, providing more and more insights for the rest of your life. Well, that’s how it seems to me.

It’s not a ‘feel-good’ book, but a transformational one. But I can say that it does feel extremely good to be exposed to words of such wisdom and knowledge and experience which are necessarily bursting with the supremely refreshing reality which is necessary to unlock and trigger the all-important inner processes of our consciousness within us, driven by the spirit within us.

Vivienne Legg

Please note: If you do have a copy of this book or intend to get one, it is important to keep an eye on our errata page (in the translations tab) so you can learn of any mistakes that have been or will be discovered in the translation.

A Split Second

Recently I was riding my push bike along our quiet country road and a car was passing me, going the other direction. A few seconds after that I heard a four-wheel drive car coming from behind and suddenly I got a shock: The rear vision mirror of the Landcruiser struck my hand on the handle bar – that’s how close the car had passed me! I will not repeat here what I yelled out when I shook my fist in the air and I quickly began memorising the number plate of the car, which kept going. I was going to report the driver to the police. However, a little further down the road the driver pulled up, turned around and drove back, passing me in the other direction. So I pulled up and watched. A little further back behind me he turned around again and when he came back, I flagged the car down. A man, in his sixties, pulled up and when I asked him whether he knew what he had just done, he answered that he did not know what he had struck and for that reason he had turned around. When I told him that the rear vision mirror of his vehicle had hit my hand on the handle bar he began making excuses: “I had the sun in my eyes”. It was 12.30 pm, the sun was high in the sky, he was wearing sunglasses and the sunshade in his car was down, so I answered that I did not think the sun had been the problem. So the next excuse was that he had come too close because of the other car that had gone in the other direction. No, sorry, that car had gone well before he came too close to me, so there would have been sufficient space to pass me safely. Then he took his sunglasses off, began rubbing his eyes and told me he had lost his wife six months ago and that life wasn’t the same anymore. I expressed my sympathy, but at the same time told him that it was still no excuse not to be mindful on the road. I told him what I thought would have happened, that he had been distracted and simply had not watched where he was going. And the fact that he did not even know what he had hit confirmed it for me. Finally he apologised. I accepted his apology and after reminding him to be mindful I went on my merry way into town.

This incident has been a good wake-up call for the driver and myself to be mindful, not only when we are trying to meditate, but in every moment of our life, especially whilst engaging in a dangerous activity like driving a vehicle. How often do we read in the paper or hear on the news about a fatal car accident because of driver distraction? So it is important for every one of us to remind ourselves daily to be mindful behind the wheel of a vehicle, or on a bicycle.
This incident also showed a behaviour that unfortunately is quite common, namely somebody trying to make excuses for his own mistake/error and blaming other things for the mishap instead of his own lack of concentration. As we all know from the teaching, it is important that we take responsibility for our thoughts, words and actions. The driver’s initial reaction to his distraction was to make excuses, but when I did not accept them he finally apologised for his careless driving. If we do something that inadvertently endangers the life of another person we must accept responsibility, own up to it and accept the consequences. To his credit the driver of the vehicle had turned around and looked to see what he had struck, because if I had ended up lying injured by the roadside he would have found me and hopefully done the right thing and called an ambulance.

In a split second my life as I know it could have been changed. If the vehicle had been driven another 20 cm further to the left I could have sustained serious injuries that could have changed my life forever with having to endure significant physical, emotional, psychological, social and financial hardship, and so forth. And it is quite possible that I would not have been able to continue doing the things that I take for granted every day.

All of a sudden it became very clear to me that in a split second my life could have ended and that I still have not done what I have been thinking about for quite some time, namely putting a submission forward to the Shire Council about providing a natural burial ground.

Years ago I attended a palliative care expo titled ‘Dying to Know’ where I learned that a natural burial would reduce my carbon footprint by 140%. And because I have been a ‘Greeny’ for a long time, I thought that this would be a good thing to get organised for our shire. As I understand it a natural burial means that the body is buried in a shroud or in a coffin made from recycled cardboard, bamboo or corn starch, etc. The body is not embalmed, which means it is not filled with chemicals to make it look pretty for the viewing before the funeral. And there is no head stone or plaque placed on the grave, rather it is left with natural growth, or a shrub or tree is planted on it, which means it does not require ongoing care. For towns or shires that are short of space there would be an even better solution, namely an upright burial. About 200 km west of Melbourne is a cemetery where bodies are buried upright, in a biodegradable body bag.[1] The name of the deceased person is recorded in perpetuity on a memorial wall near the entrance, and the next of kin can receive an exact location of the individual grave site. To offset the carbon emissions produced in the holding, transportation, and burial process a tree is planted at Mt. Elephant, which is a bare hill of volcanic origin nearby. And the life stock can continue to graze the paddock.

Up until then I had liked the idea of having my body cremated and the ashes scattered on Mt. Buffalo, which is a beautiful high plateau nearby. However, a body has to be cremated at a temperature of 900 degrees for the bones to turn to ash, which means it creates a great amount of CO\textsubscript{2} and contributes immensely to our environmental problems, therefore a natural burial is a better option for our environment.

In the meantime I have also learned that it is quite an advantage for our evolution that our body, in particular our skeleton, remains intact when we die and is buried rather than burned. In the book ‘About the Fluidal Energies, that is to say, Fluidal Powers and Other Things’, Billy answers many questions to do with our mental fluidal powers, which are to be understood as “the personal mental radiation, that is to say, the swinging wave and energy as well as the powers of the mental-block\textsuperscript{1} of the human being with regard to his/her thoughts, feelings, the psyche and the consciousness, therefore that which radiates from the human being in a mental-swinging-wave-based form and fixes itself in things as well as in places and in the skeleton, etc.” (Page 28)

("Die mentale Fluidalkraft, um diese geht es grundsätzlich, sind die persönliche mentale Ausstrahlung resp. die Schwingung und Energie sowie die Kräfte des Mentalblocks des Menschen hinsichtlich seiner Gedanken, Gefühle, der Psyche und des Bewusstseins, also das, was mental-schwingungsmässig vom Menschen ausgestrahlt wird und sich in Gegenständen sowie an Orten und im Skelett usw. festsetzt." Seite 28)

\textsuperscript{1}‘block’ in this context means a group of things and is not to be confused with a blockage.
The swinging waves of our thoughts, feelings, psyche and consciousness settle in our clothes, jewellery, house, furniture, books, trees and so forth, simply in everything that surrounds us, and the longer we are in contact with those things the more they become ‘saturated’ by our fluidal energy, thus they become ‘charged’ like a battery. Given that our skeleton is with us all our life, it naturally has the greatest ‘charge’ of fluidal energy. This deposited fluidal energy serves us as ‘re-connection’ (Rückverbindung) into the past of this life and to former lives, and also as protection that holds back powers from others. The more equalised/balanced our mental state, our thoughts, feelings, psyche and consciousness are, the stronger the actual fluidal powers and their protection for us (Page 30).

The function of the mental fluidal powers after a person has died is explained in the aforementioned book as follows:

Die mentalen Fluidalenergien resp. Fluidalkräfte sind da, um der neuen Persönlichkeit unbewusste, bewusste und unterbewusste Rückverbindungen in frühere Leben zu ermöglichen, oder einfach Erinnerungsverbindungen in die Vergangenheit des gegenwärtigen Lebens zu schaffen. Solche aktuellen fluidalen Rückverbindungen kommen bewusst, unbewusst und unterbewusst dann zustande, wenn der Mensch z.B. in tiefsten Erinnerungen schwelgt oder irgend- welche mentale Problem wälzt, die er in der Vergangenheit seines gegenwärtigen Lebens aufwies und diese nicht zu lösen vermochte und die durch Impulse aus den Speicherbänken oder durch Erscheinungen im täglichen Leben wieder aktuell werden. Das kann aber auch dadurch sein, dass es sich auf mentale Probleme bezieht, die bereits in früheren Leben existierten und nicht gelöst wurden, wie es aber auch möglich ist, dass solche Rückverbindungen, wie gesagt, durch aus den Speicherbänken freigesetzte Impulse und via das Unterbewusstsein herbeigeführte Kräfte hervorgerufen werden, und zwar aufgrund aktueller Erlebnisse oder Erinnerungen usw.

Die Impulse aus den Speicherbänken werden vom Unterbewusstsein aufgenommen, wenn sie nicht aus dem Unterbewusstsein selbst stammen und dies dan Verbindung aufnimmt mit den in Gegenständen oder im Skelett abgelagerten Fluidalenergien resp. Fluidalkräften, die sich dann auf irgendeine Art und Weise manifestieren. Dies bedeutet für den Menschen eine verarbeitungs-mässige und also auch evolutive Hilfe, durch die der Mensch noch unverarbeitete Probleme usw. langsam in den Griff bekommt.

The mental fluidal energies, that is to say, fluidal powers, are existent to make unconscious, conscious and subconscious re-connections to former lives possible for the new personality, or simply create memory connections into the past of the current life. Such current fluidal re-connections come about consciously, unconsciously and subconsciously when the human being, for example, deeply reminisces or turns over any problems in his/her mind, which he/she had in the past of his/her current life and which he/she was not able to solve and which, through impulses from the storage banks, or through things that appear in the daily life, become current again. However, thereby it can also be the case that it relates to mental problems that already existed in former lives and were not solved, as it is also possible however that such re-connections, as said, are called forth through impulses released from the storage banks and through powers prompted via the subconsciousness, in fact due to current experiences and memories and so forth.

The impulses from the storage banks are taken in by the subconsciousness, if they do not originate from the subconsciousness itself, and it [the subconsciousness] then establishes contact with the fluidal energies, that is to say, fluidal powers, which are deposited in objects or in the skeleton and which then manifest in one form or another. For the human being this means help with processing and also evolutive help, through which the human being can slowly get a grip on problems and so forth that have not been processed yet.
In a skeleton the fluidal energies can last for thousands of years, depending on the ground or place where the body was buried. As the body decays the fluidal energies from the soft tissues retreat more and more into the bones where they accumulate. The fluidal powers deposited in the skeleton will remain there until they are being activated by the human being to whom they belong. They cannot activate independently or be activated by another person, because of their unique frequency. They can only be activated by the person to whom they belong, even from the other side of the globe, which means that our spirit form does not have to be reborn in the same area for the new personality to make use of the fluidal powers of the last body. They can be activated in a form that they appear as a ghost. Here is an example from the USA: In an old house every afternoon at 4 pm the ‘ghost’ of a young girl, about 10 years old, would run down the stairs whilst singing and then move about the house and garden. With parapsychological and journalistic investigations it was established that the child had grown to an old woman who lived in a nursing home in the same town. Every afternoon the old woman would fall asleep in her chair and strong memories about her childhood in the house would come up and unconsciously she would thereby activate the fluidal powers, which she had deposited in the house, and through which the manifestation of a child came about.

Our fluidal powers are not only deposited in the skeleton or houses and things but also in our storage banks, where they can be accessed by the next personality that is enlivened by our spirit form. However, they are not as easy to access as the fluidal energies in the skeletons, because to be able to access our storage banks we need to be higher evolved in our consciousness. Billy compares the impulses from the storage banks with low-voltage current whereas the impulses from the fluidal energies deposited in skeletons could be compared to high-voltage currents, which means they can be perceived a little easier by our subconsciousness.

If a body is cremated it will impair the evolution of the future personality, because he/she cannot re-connect with the former fluidal energies and use them to develop further. It is like a piece of a puzzle is missing, which means the next personalities will have to work a lot harder to evolve. Or, in other words, from the very beginning, until our current life, the fluidal powers connect all reincarnations as if it were a red thread, or a chain, which links and intertwines all lives. If one body is burned the ‘thread’ is broken or a ‘link’ of the chain is missing which will have an impairing effect in the mental evolution. A broken thread or chain can somehow be repaired, but it won’t be as strong, and the information that is lost with the burning of a body can never be retrieved.

Therefore if a body is buried it decays slowly and the fluidal powers retreat into the skeleton, to be called upon in the future life of the new personality. Over time the fluidal powers slowly diminish, because in each consequent life the new personalities draw from that energy. Thus the fluidal powers deposited 10 life-times ago would be weaker than the ones deposited only one or two life-times ago. Thus it would not be desirable for the fluidal...
energies to diminish before the body is buried, therefore it is best for the body to remain intact and not have organs or bones removed. An autopsy to determine the cause of death would be acceptable, as long as all body tissue is put back into the body and it is buried complete.

If a body is accidently burned in a fire, the skeleton usually remains, which means the fluidal powers are still with it and will be preserved by burying the bones.

As we can see from my ‘brush with death’ we can never become complacent and think that we have many years of life ahead of us and we do not really need to start making changes for the better today. Our life could be over in a split second, so we must make the best use of it in the here and now and not procrastinate, which means I really need to write that submission to the shire (and some instructions for the family) sooner rather than later, because I cannot be certain that I will reach retirement age where I might have some more time to do such things. If I want to give the future personality the best chance to access my fluidal energies from this life I must make sure that my body is treated correctly after the spirit has left it.

Vibka Wallder

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Our Paradise Planet is Choking

On my recent visit to India I witnessed firsthand the precarious situation of overpopulation. While most people bury their head in the sand for the reason that reality is too unpleasant to face, here the existence of hardship and misery are a way of life and nothing is left hidden. Everything is in plain view to shock and also to wonder at.

Today in 2016 world leaders continue to have disdain for the long held taboo topic of the “overpopulation” issues and they will continue to for decades, yet the urgency is even greater whereby 8.65 billion people are scrambling to live, for the reason that there are insufficient resources which are dwindling fast and are also squandered under the governance of the world powers.

A global humane approach and good will are needed to immediately foster environmental health, for no other urgent reason other than overpopulation is the obstacle to true peace, to world progress and to true human decent survival. This has become a bone of contention or maybe it is more accurately described as the deliberate non-action that it has become - which I think is expressed by an unconscionable ignorance.

This pressing matter of overpopulation was addressed decades ago by Billy, who wrote to all world governments and to the global media. Billy expressed the dire consequences for all of humanity if the matter of overpopulation is not addressed immediately. Decades on, we are facing global effects such as the decline of decent and just livelihood for all of Earth’s human beings, the devastation that is now unfolding through global warming, e.g., the scarcity of clean water whereby more and more streams and lakes and oceans are contaminated with deadly
chemical runoffs from farms containing pharmaceutical drugs resulting in high levels of toxicity all the way the food chain and consequently ending in the human beings.

Also the Earth’s atmosphere is being choked in a haze of pollution. Flying above the earth, I was astounded to see the thick brown belt enveloping our planet with destructive poisons whereby the Earth’s air with its decreasing oxygen level has become antagonistic to human health.

Wars continue to devastate this planet as they have been raging for hundreds of thousands of years and are propagated still by those who live with a god mentality of the dark ages, ambitions anchored in greed, hate and power and addiction to profit. Yet, Billy’s warnings have fallen on deaf ears and still go unheeded. Not one leader has shown concerted efforts nor have any world governments come forward as none possess a humane conscionable mind and moral courage and willingness to facilitate the means of true progress for Earth’s humanity.

Yes, we are still living on this planet like apes.

http://au.figu.org/destruction_environment.html

In this vast country of India, the overpopulated cities function like an organised chaos where seas of people, masses of polluting cars long discarded in the west and wondering animals are all interwoven into the daily fabric of life. Fumes blacken the daylight and nature has no respite lying covered in soot so that nothing grows. So-called sacred cows emaciated, wondering amongst the chaos, are forgotten just as the people themselves are. It appears that life is a juxtaposition of the maddening masses in the haze and shadows of a bygone era. Vultures, once valued by the locals as one of Creation’s natural services to man and nature, are nowhere to be seen, they too have become extinct here because of their poisoned environment.

Someone said, “We in India don’t hide our problems from the world. This is our way of life and we are happy here. But look at China; they hide it so well.” “And even so, this is our karma”, the people were quick to add.

To the east lies Darjeeling, the Bengal region, and as a reminder of the natural beauty of this part of India, one Bengal tiger is confined to a barren zoo. Here, once snow peaked mountain ranges attracted countless visitors, but now this region is a mere memory of what once was a beautiful creational paradise. The people here are quick to lament about the beauty of their long lost environment as everything around them is a mere fading memory. “Too many people”, they tell me. They express despair but show no understanding that the overpopulation explosion is the cause of their demoralising livelihood and the degradation of every human life, environment and animals too. Water is scarce and trickles between the narrow lanes of small houses built tightly on the face of the mountains, but as long as the people can fill their buckets for daily use, all is well, for now. Crevices where once water flowed in streams now lie dry and bare and polluted with garbage.

A thick veil of smog is covering this once pristine environment and daily convoys of people move to and fro seeking work far from their own villages. It is the young and the middle aged that are desperate to sell what they have bought from big overseas corporations, and owing to the fact that no foreign visitors will buy these old goods, life is getting harsher and the old are nowhere to be seen. Here Creation’s fury is felt by every human being and nature too.

Streams of local visitors were quick to express their excitement seeing ancient historical forts and temples, however, I looked around me with a different perspective and tried to imagine a better environment for all of Creation’s creatures. But my expression of non-delight was met with scorning comments. People are just people, and speak of the long forgotten charms of history, rather than facilitate a progress for themselves and the next generations. They believe that life is filled with greatness and still prevails no matter what. “This is karma”, they say, so why change?
Through the daily despair the street children ran to surround me with smiling faces and were admiring the whiteness of my skin. Standing surrounded by young children with grim prospects in life, and unable to see the sun felt quite gloomy and dreary, and so I asked myself: how many more generations will it take to bring Creation back to a sustainable living eco system and true creational life?

India is choking but the USA has the third-fastest growing population. China will soon allow more births per family. Indonesia, Malaysia, Brazil, and other countries around the world cannot cope with the human influx and struggles, yet still the taboo word of “overpopulation” is sneered at and no one is willing to address it, so then... what will be the last straw that will break the people’s back’?

Decades later, nothing has changed so here is yet another reminder with a few of my favourite quotes:

“ I am convinced that some political and social activities and practices of the catholic organisations are detrimental and even dangerous for the community as a whole, here and everywhere. I mention here only the fight against birth control at a time when over population in various countries has become a serious threat to the health of people and a grave obstacle to any attempt to organise peace on this planet”.

-Albert Einstein, 1954

“...democracy cannot survive over population. Human dignity cannot survive it. Convenience and decency cannot survive it. As you put more and more people into the world, the value of life not only declines, it disappears. It doesn’t matter if someone dies. The more people there are, the less one individual matters.”

- Issac Asimov

“Short of nuclear war itself, population growth is the gravest issue the world faces. If we do not act, the problem will be solved by famine, riots, insurrection and war”.

- Robert McNamara, Former World Bank President

If we care to mindfully examine and understand the word ‘karma’ and its true meaning, we arrive at the ancient Sanskrit scriptures as well as to Billy’s current material, where the true meaning lies in the Sanskrit language referring to ‘cause and effect’. However people are quick to use the word ‘karma’ as a motto because the meaning absolves each one of the responsibility to themselves, to other human beings and to all Creation. With this false motto, one’s conscience is ignored and trampled on. The term ‘karma’ encompasses a picture of neglect, of disrespect and loss of dignity for the human beings as if human life is a mere vermin born of a lower cast that has no value and therefore is expendable and easily exploited. Wouldn’t it be better if a life was prevented and not in this existence...

http://buygandarusa.com/

Still, I ask:

- Does karma mean that one must live with false compliance and polish the shoes in the temples from a very young age and beg for food and shelter?
- Does karma mean to bow in humility and self-abasement because one is of a lower cast and deserves to be ignored and discarded like rubbish?
- Does karma mean that one must follow different tin gods with servility in hope for a better life in the next incarnation?
- Does karma mean that if one is born to higher class, the lower class can be dealt with in any manner imaginable?
- Does karma mean that girls must live with false shame only to be sold into marriage at a very young age?
Does karma mean that the female gender is inferior and must live with lack of dignity never be educated the way the male gender is?

The word ‘reincarnation’ is frequently used when praying to various tin gods and staying hopeful that subsequent incarnations will bring a better existence. Here, society lives in a paradox of ethics and confused ethos. But this country’s people and its leadership is not the only one living with religious confusion, because although it is revered by the western hordes of people who come to find so called ‘spiritual awakening’ it still is like all other religions that are very far removed from the truth of creational laws and recommendations.

Our western civilisation prides itself on ancient wisdom dating back to Aristotle who professed that virtues such as justice, charity, and generosity are dispositions to act in ways that benefit both the person possessing them and the society the person lives in. And if we naturally assume that humans are rational beings then every one has a duty of care to obey the categorical imperative to respect another human being. And the guiding principle of conduct should be the greatest happiness or benefit to all.

The word ‘Karma’ has been distorted in the course of time by so called mystics, sectarians and is associated with mysticism for no benefit. ‘Karma’ comes from the old Indian Sanskrit meaning ‘cause and effect’. Each esoteric society uses the term for its own designation, as for example, quite correctly, in the Buddhist Pali text the word means ‘working’ without the smallest dogmatic connection to the fate of human beings, in current life or previous lives. Buddha spoke of karma with the sense of work and activities because every human being must do work, and by working, the human being is then able to determine the state of his own consciousness, his psyche and the outcome of his/her existence through his/her own determination.

Karma therefore has nothing to do with atonement as the esoteric preaches, nothing to do with a lifestyle maintained with hope for future incarnations, because every new spirit born must start life anew, to strive to evolve to a higher consciousness state and further progress with each incarnation.

To further understand the true meaning of the word karma, Billy explains the following in his interview with Guido Moosbrugger: “The term ‘Karma’ has come to represent some faulty teachings just as the Christian term ‘atonement’ has. According to the Karma teachings, Man is supposed to bear the burdens of his/her past life in the next life. Therefore, the individual's subsequent life would be governed by how good or evil the person was in the previous life. If you analyze this concept it means the individual will be either rewarded or punished in the next life for deeds in the past life. In other words, Karma implies the person's type of rebirth is linked to actions in the former life, and that current fate is the result of past-life actions. According to this, Karma simply means that someone's present fate is predetermined by the deeds in a former life. According to Christian teachings, atonement boils down to punishment or reward after death at Judgment Day. Simply stated: You will get to heaven as long as you are gullible and meek, and as long as you obey the rules and edicts of the Christian religion or its sects. But those who disobey all of this will wind up in hell or purgatory or will suffer eternal damnation, with no chance whatever of understanding or remedying their errors. But the real truth portrays a totally different picture from that being presented through the Karma and sin/atonement teachings: For human beings to evolve and become more knowledgeable and wise, they have no option other than to make mistakes. Through mistakes, as a rule, human beings tend to suffer some harm and, thus, punish themselves - if one wants to define it as such. But through the harm they suffered, they have already atoned for their mistake and will, subsequently, make an effort to remedy their mistake and the resulting harm associated with it. In so doing, human beings learn a lesson from this situation and become more cognizant. This is the simplest principle of cause and effect or action and reaction. And this precise situation helps human beings evolve and elevate their knowledge, understanding, abilities and the like. As a consequence, they will attain a higher level of consciousness, which their overall consciousness will carry forth into the next life - into their next reincarnation. Therefore, in their next life, human beings will benefit from the fruit of their former lives' progress and higher level of consciousness, without having been weighed down by some burden or non-burden from previous lives. Thus, the next new life is not based of the on
the burdens or non-burdens of the previous lives, since they were completely conquered during the former lifetime, either in positive or negative ways. Not only would it be unjust but it would actually be contrary to the creational laws if elements from a former life were to be carried over into the current one. That it should be so, as the religions teach it so irrationally, is pure nonsense which simply exemplifies the illogical human thinking, contemplations and endeavors. In their lust for revenge, human beings always call for punishment and atonement in every case. By contrast, the Creation knows nothing of this demeanor. It knows nothing of the revenge, punishment, and atonement that humans are so familiar with, and for this reason the Creation has never created any such laws”.

_Bianca Recht_

Reference: [http://ca.figu.org/An Interview with Billy.html](http://ca.figu.org/An_Interview_with_Billy.html)

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**Bearing Responsibility**

Bearing the responsibility oneself is infinitely better than foisting it off upon other human beings.

SSSC, 13th December 2015, 10:17, Billy

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**Verantwortung tragen**

Die Verantwortung selbst tragen ist unendlich besser, als sie auf andere Menschen abzuwälzen.

SSSC, 13. Dezember 2015, 10.17 h, Billy