Bringing About Change Through Self-Responsibility

Not long ago I was interested to re-read in one of Billy’s articles that when he was a young boy he did not think of changing the world. My first reaction to that was to think how strange that is, because that was his whole reason for being born into this life with his special mission. Of course, what he is telling the reader is that even as a small boy he knew that he could not change other people or the world. Other people can only change themselves, and the world changes accordingly. From p.162. ‘Sinnvolles, Würdvolles, Wertvolles‘ (Something Sensible, Dignified, Valueful).

“For me, everything was about being glad about life, full of love, peace, harmony and freedom, and there were no limits to my imaginings. My wishes and dreams extended to learning much, seeing the world and the universe, travelling to the stars and gathering knowledge, love and wisdom in order to one day pass it on to the human beings of the Earth. I never
thought of changing the world, because it was always clear to me that that would be impossible.”

“...Alles war für mich ein Frohsein am Leben, voller Liebe, Frieden, Harmonie und Freiheit, und in meinen Vorstellungen gab es keine Grenzen. Meine Wünsche und Träume gingen dahin viel zu lernen, die Welt und das Universum zu sehen, zu den Sternen zu reisen, Wissen, Liebe und Weisheit zu sammeln, um eines Tages alles den Menschen der Erde weiterzugeben. Nie dachte ich die Welt zu verändern, denn immer war mir klar, dass dies unmöglich sein würde.“

Billy goes on to explain that when he became older and married he attempted to give his love and knowledge and wisdom to his family. But he, Billy Meier, could not even change his own first family who – as he reports – largely turned against him and had disdain for his efforts. The world can only be changed through us changing ourselves. But where do we start in changing ourselves?

Recently Billy produced yet another very serious document of prophecy and prediction (http://au.figu.org/present_future.html). This one was prompted by two very disturbing visions he had. One concerned how a world-spanning group of elites in the future will deal with our overpopulation in a most inhumane manner if it is not dealt with first in a rational form. The second one dealt with the Earth human being’s current inability to think for himself/herself. Naturally, these two are connected. If we were thinking for ourselves we would be attending to the overpopulation problem in a humane way right now, worldwide. At the very least, we would not be so easily misled and manipulated by those who might seek to radically reduce our numbers through terrible invented wars and steered rampantly spreading infectious diseases, and so forth.

Billy describes at length how various elites exploit the population, and the ordinary citizen falls more and more into serfdom. He also describes this situation as a rampantly spreading disease.

“...And the peak of the whole thing is still that the righteous and rational ones among the authorities and governments do nothing against that, rather simply take part, in the same frame, which however can also only happen because – like the citizens and indeed the populations – they simply let everything happen without putting up a fight against this deplorable state of affairs. And they do that as a consequence of their blind belief in their authorities and governments, because they are thus imprisoned by their religious faith in the authorities and by their bondage to them and are also no longer capable of thinking and acting for themselves, rather only let the authorities and governments as well as the political parties think for them and are nothing more than the ones who receive and carry out their orders. ...”

Billy describes how the Earth human being no longer has any self-initiative, and when he/she does take action it amounts to flipping out and losing all rationality, acting fanatically and so on.

In all this Billy is not describing only an unwillingness to think for ourselves, but something that, to a large extent, has become an actual inability. Since it appears to be true that we form our own personalities and personal realities through the sum of our repeated, ongoing thoughts, feelings, ideals and imaginings and so on, it logically follows that a habit of not questioning and not scrutinising what’s going on around us becomes entrenched and solidifies into an actual inability over time and over generations, passed on through the genes. (Such genetic influences are explained in Billy’s book on depression, https://au.figu.org/human_genetics.html). If we can consider that this all began with the false gods on this planet successfully presenting themselves as creators and demanding unquestioning belief and obedience, we can start to comprehend the extent of the problem and thus begin the correspondingly huge work of undoing the self-programming and replacing it with new, truth-based self-programming. You see, even though we are advised – and the evidence exists – that some long-lived extraterrestrial people misled the more primitive and aggressive human beings of Earth in ancient times in order to control them, we are also encouraged to understand that the nature of the human consciousness is such that it alone controls the human being and determines the life of that human being. In the case of the oppression of one person or group of people by another it is still the consciousness of the oppressed one which has consented to and accepted the controlling instructions from the oppressor. This may be among the most unpalatable pieces of advice we have from Billy Meier in the renewed teaching. Haven’t we generally taken the view that those who are oppressed are helpless victims and all the blame for the wrong should go to the oppressors? Here is what Billy writes regarding that in ‘Might of the Thoughts’ (p.172, edition 2):

Thereby, an oppressor, for example, gains might over a human being who allows himself/herself to be oppressed just
because he/she begins to think and to manage his/her life according to the external influences. In this form the oppressed one begins to unknowingly cooperate with the oppressor, although both seemingly suffer because of the other. However, the suffering truly does not occur because of the other; rather it takes the form that the oppressed one as well as the oppressor effectively suffer because of themselves. However, this fact is misunderstood and misinterpreted by both sides because there is an absence of the relatively absolutely fully developed knowledge which enables the recognition of the truth that the weakness of the oppressed one is just as destructive as the used might of the oppressor. Both the oppressor and the oppressed behave fallibly and against all natural-creational laws of balance and of responsibility which must be individually borne. ...”

So this is the thrust of the self-responsibility teaching. Not taking steps to reverse our inability to think for ourselves means that we continue to passively allow the plans of would-be oppressors to fulfil themselves unopposed and it leads even more to unchecked massive uncontrolled destruction of our planet and all the associated troubles.

Of course, such explanations about the unfolding troubles of our world tend to throw us into a state of anxiety and make us want to cover our ears and eyes, or, as Billy explains, act irrationally and fanatically. However it seems clear and true to me that this very anxiety is also due to another effect of our god-belief – a terrible anxiety regarding loss. Billy writes about that on p.75 of his book ‘Sinnvolles, Würdevolles, Wertvolles’ (Something Sensible, Dignified, Valueful) and explains how the Earth human being seeks refuge from anxiety in religion but also that our anxiety is caused by the solid or residual unconscious belief that the troubles such as are unfolding on Earth are not in our control but are in the control of an (imagined) god. If a flood or earthquake or something similar occurs, the religious human being prays to his/her imagined god or saint to put an end to it.

“The believing human being is not in a position to make use of and cultivate his/her own powers, self-control, his/her self-assuredness and self-initiative because the responsibility for the happenings is shifted onto ‘the will of God’ who has allowed all the terrible things to happen and consequently also has to control them”.

“How could it cause anything other than anxiety when we believe that it would only be ‘God’s mercy’ that would save us and we dare not even rise above our anxiety by using inner resources to cope with the disaster for fear of presuming too many god-like inner qualities?

It makes sense to me that all of this was possible just because we (Earth human beings in general) became god believers and thus removed from our respect and attention to what is real and true – including those mighty inner resources. All of this tells us that the great work to fix the world begins with fixing ourselves. And from that position and only from that position are we are able to influence others in a constructive form and influence the world around us tremendously with the might of our creationally-aligned thoughts.

That article of Billy’s in which he mentions his first family’s negative reaction to his efforts is entitled ‘Unscheinbare Körnchen’ which more or less means inconspicuous little grain. The thrust of that article really is that a little grain of truth can lodge inconspicuously in someone’s consciousness and lead to something good. A little bit of light did arise from his efforts with his family which he said promises good things. He said that time proves that everything does change if only a little bit of something of truth, harmony, love and wisdom stays in the memory of those who are exposed to it. And we do know that one of his sons did eventually turn back and join in the work of FIGU to spread the renewed teaching. And we know that his new family embraced it and also many other people have joined in the FIGU work. Once one individual changes through his or her own efforts then that person can share harmony, knowledge, wisdom and love with others and eventually groups form which share more of it with more who then grow and grow in number and eventually, in their great number, can change the world.

Vivienne Legg
How God-delusion Can Affect Human Beings

On Facebook recently, I shared a link to a speech by Dr. Sahra Wagenknecht [1], delivered in front of the German parliament, in which she spoke against the armament and warmongering of the West against Russia, among some other interesting facts. I have listened to other speeches by Wagenknecht before, which sounded quite intelligent and rational, but in this one I observed Angela Merkel’s disrespectful behaviour towards the speaker (reading other documents, sharing them with her colleagues and talking with them). Therefore, and because of other things I know about Merkel, I commented that in my opinion Wagenknecht should be the chancellor of Germany instead of Merkel. One of my German Facebook friends took offense and told me what a bad leader Vladimir Putin is. When I stated that this is an internal affair for Russia and that no one would think of warmongering against the USA because of the Guantanamo Bay detention centre still not being closed, or because of other crimes perpetrated by the US, she got upset and cancelled her Facebook account, but not before asking me what it had to do with us Australians. That brought up a few questions for me: Did she close her Facebook account because she did not want to hear any further arguments that would not fit into her thinking or belief system? Should Merkel’s behaviour be of any concern for us here in Australia? What has all of this to do with god delusion? What is god delusion and what is god delusion insanity?

I know that this Facebook friend has become very religious over the last couple of decades and has fallen into the grip of false religious teachings that enslave the spirit and hamper the evolution of countless human beings on this planet. It all started many millennia ago when distant ancestors came to Earth with the intent to subjugate the primitive people on this planet by misrepresenting themselves as creator gods. According to the brochure ‘God-delusion and God-delusion insanity’, presently about “four-fifths of the Earth’s population profess a belief in one of the six world religions or in one of the sects which have emerged from them. They believe in a god whose name may not be named; they believe in a creator-god, in Jesus Christ and diverse saints; in Allah, in Shiva and Brahma – or whatever they are all called – in nature gods, in tin gods, and so forth. They are mostly also firmly convinced that they thereby believe in the legitimate creator of our universe and the one who determines their fate. They pray and beg for favours, health, objects or material wealth, hang rosaries over the rear-view mirror in the car, and crosses around their necks, in order to achieve immunity from accidents and everything bad. They sacrifice food, plants, money, animals and, in earlier times – or even still today? – human beings, above all children and virgins, in order to make their god, their goddess or their tin god kind and merciful, and to win them over.” [2]

And the crazy thing also is that they believe their god can be everywhere at the same time, watch over them and fix everything for them or punish them if they misbehave. But when things go wrong and their god does not help as expected, they find excuses for ‘god’s failure’ and often think that they haven’t prayed hard enough or that god is testing them and their faith in him. Every logical thinker would agree with Billy that this is a kind of insanity or delusion. In his book, ‘God-delusion and God-delusion Insanity’, Billy – without wanting to offend the believing Earth humans – presents evidence why there is no god, creator-god or any tin god. Instead he explains that it has to do with a delusion which has been inherited, is caused by indoctrination, has been instilled or voluntarily created, and therefore has to do with a form of schizophrenia. What Billy writes about makes sense, namely that the whole thing is pure imagination. It is a delusion. God has been genetically inherited, over millions of years, in the form of a schizophrenic, epileptic delusion, and is established in the brain’s temporal and parietal lobes. Therefore believing in god is a delusion and once it’s manifested in the brain it can be called a god-delusion insanity.

In the meantime, modern science has confirmed that religiosity has a definitive link to the temporal lobes. In the late 1990s, VS Ramachandran, a renowned Indian neuroscientist, was the first to establish clinical proof of religion residing in the temporal lobes, based on an experiment he conducted on temporal lobe epilepsy patients. [3]

Once a religion has become entrenched in the brain it is not easy to let go of and believers usually develop a submissive, unquestioning attitude towards the church leaders. They stop thinking for themselves in many areas of their lives and turn to the holy book or priest of their religion for advice. They believe, that their belief is the right one and that all others are wrong. They put their church leaders on a pedestal and if anyone dares to criticise them, they feel personally offended. And this kind of attitude is often transferred to other persons of authority, for example, to medical practitioners or to politicians that lead the country, or to the media, etc. Believers often look up to leaders and persons of authority and
and cannot fathom that those could be wrong. They hand the responsibility for their own lives over to those in power and they will not accept any person critiquing or questioning what those leaders do or say. In the case of medical practitioners, for example, many patients would not dare to doubt the doctor’s judgement and to ask for a second opinion, because they consider him/her to be the ‘half-god in white’. And while they are watching the evening news during dinner they unquestioningly swallow what the mass media tell them, rather than checking things out for themselves on the internet, where different views to the news stories can be found.

Sadly, my Facebook friend and many other Germans and citizens of other countries have given up thinking for themselves and they follow what the politicians and main stream media tell them, namely that Russia is to be feared, even though “out of 248 armed conflicts since WW2, the USA started 201 (81%)”, which to me means that if any country has to be feared it would be the USA more so than Russia, because Russia is only looking to defend itself. The situation on Earth is escalating more and more towards a fourth world war [The Seven Year’s War (1756-1763) was actually the First World War because it was fought globally. Therefore the so-called First World War was already the second one and the Third World War was fought from 1939-1945], with the hate of the US and the EU dictatorship leading to Russia being encircled by western military bases. If the citizens of the western countries do not come to their senses, begin to think for themselves and stand up to their leaders by demanding peace and dialog, then the world is in danger of experiencing another world war, which would be worse than anything seen before, due to the advanced weapons technology. Naturally, that would not just be a concern for Germany and the EU, but it would affect other countries around the world, including Australia. Therefore Ms. Merkel’s behaviour as the leader of a strong European country with a large voice in the EU parliament is of everyone’s concern. She would be in a position to stop the warmongering and instigate dialog with Russia, which would benefit many countries and nations, and therefore she should have paid attention to Wagenknecht’s wise words regarding seeking dialog with Russia instead of encircling it more and more with military bases.

Unfortunately, I was not able to share this with my Facebook friend as she had closed her account, probably because she did not want to hear any more criticism of the chancellor she holds in high esteem and she probably does not want her own belief to be doubted.

In order to learn to think for themselves again, believing human beings have to give up believing in things and begin searching for the truth. They have to realise that there is no god who is responsible for all the positives and negatives, but that they themselves are responsible for all fortune and misfortune in their lives and that they cannot blindly trust other persons in power. In this regard, Billy already advised humanity when he was fourteen years old, in the article ‘Basic Rules of the Human Being’ (Grundregeln des Menschen), published in the book ‘For the Contemplation’ (Zur Besinnung) [5]:

“11. Every human being should not believe anything to be true, but always search for the fundamental truth, which he/she can only find within himself/herself, if he/she searches and thinks about everything, using his/her rationality, his/her intellect and his/her sound logic. Thus, the human being is able to find the truth only within himself/herself, but this only if he/she is free of any belief in things which he/she can never prove within himself/herself. Belief is not proof, but simply something that is accepted as being good, desirable and right, without any provable content of truth; consequently, a belief can never be conclusive because of the fact that the provable truth is missing.”

“11. Jeder Mensch soll nicht irgendwelchen Dingen Glauben schenken, sondern stets die grundsätzliche Wahrheit suchen, die er nur in sich selbst zu finden vermag, wenn er alles durchforscht und überdenkt, seine Vernunft, seinen Verstand und seine gesunde Logik walten lässt. So vermag der Mensch die Wahrheit nur in sich selbst zu finden, doch das auch nur, wenn er frei ist von irgendwelchem Glauben an Dinge, die er niemals in sich selbst zu beweisen vermag. Glaube nämlich ist kein Beweis, sondern nur etwas, das als lieb, begehrensward und als richtig angenommen wird, ohne dass dafür ein Wahrheitsgehalt angeführt werden kann, folglich also ein Glaube niemals beweiskräftig sein kann, weil eben die Tatsache der beweisbaren Wahrheit fehlt.”

“Each human being must not believe anything to be true but must always search for the fundamental truth…”, which applies to everything we are confronted with, may it be the bible telling us about god, a holy book written by a guru, a
speech by a politician or even the words by a teacher we hold in high esteem. We must think thoroughly about everything we hear or read, using our intellect, rationality and healthy logic. And only when something proves itself repeatedly to be true in our own experience, which may well be in agreement with the words the teacher has said, may we accept it as such. But just believing a person of power or a newspaper or an internet article can lead us astray and hamper our evolution.

In contact report 661, from 13th October 2016 (pages 208-209), among other things, Billy speaks about the machinations of the USA and EU and he urges us to use the might of our own thoughts:

"... And with the human beings I naturally mean the earthlings, who should do exactly what is taught with the teaching of the mission, that is to say, the ‘spiritual teaching’ or the ‘Teaching of the Truth, Teaching of the Spirit, Teaching of Life’, namely that the human being must learn to do what is right and valuable on his/her own accord. It means that he/she has to teach himself/herself everything, to learn, to help, to explain everything to himself/herself to a large extent, even to contradict himself/herself, to admonish himself/herself, to instruct, and to correct, rectify and understand everything in himself/herself, to form his/her thoughts and feelings independently and, of course, to put into practice and also act on all the knowledge he/she has learned. And the human being has to do this without being believably influenced by the devious and rotten machinations of unrighteous governments, their participants of all kinds and by foreign states or by religions, sects and wrong or simply dubious philosophies and so forth. But the human being has to do that on his/her own and out of free will ...

... Effectively the fact is indeed correct, as is also demonstrated by indeterminism, that the free will is open to the human being and that he/she decides, controls, executes and carries out everything by his/her own will, when he/she consciously remains himself/herself and does not allow himself/herself to be influenced and duped by whisperings and suggestive and sneakily formed mentalities, ideologies, lies and by fraud etc., influence or bluff of others.”

This shows that we have to be on guard and always check that we are not falling into the trap of blind belief, because even though we may have freed ourselves from the grip of religions, god-delusion andgod-delusion insanity, we may still be media-believing or authority-believing, etc. And we have to keep in mind that all of us have inbuilt filters or veils of perception and that even the truth is a relative concept. But after researching for ourselves and using our intellect and rationality to think through the facts at hand we could say: “I have come to the conclusion, that ...”, and that would be the current perception of the truth for the person concerned, which may need adjusting when more facts and details become known.

Vibka Wallder
Visiting the Semjase Silver Star centre (SSSC)

Visiting the SSSC has always been a special social event for me ever since my first visit twelve years ago. I can vividly remember how at my first visit I was overcome by a feeling of familiarity, acceptance and of ‘coming home’ to a most peaceful environment, so trying to convey this feeling is not an easy task. And as the years have passed, with all my subsequent visits, I carry with me the same memorable thoughts and feelings which fill my consciousness with positive energies. Also reconnecting with old friends and making new friendships always sparks new awareness with more insight into my own life and the life in general.

This year arriving on Sunday, the centre was quiet and calm and a scent of spring blossom was wafting in the air. I smiled and felt a profound relief from the city burdening habits of technology and enjoyed the joyful freedom and peace that only this place can provide me. This is a feeling that is truly liberating.

Here is a chance to meet many young enthusiastic people who come to support this peace mission with the understanding the urgency of the overpopulation matters and who are ready to face the challenges of bringing peace to this planet.

Many of us who come to SSSC reminisce of our past visits and exchange a variety of views and topics such as: why have we decided to live with the recommendations of the spirit teaching in our daily life? What have we learned and how is the spiritual teaching knowledge benefiting our personal growth? How have our experiences shaped our thoughts over the years about the world around us? How have our thoughts created the many perceptions we ‘believe’ to be true but which are soon discarded? How does neutral-positive thinking lead to a more coherent understanding of the true meaning of life? When striving to live in ‘the moment’ we become part of the Creation. We are also mindful of the ‘cause and effect’ that we create in our environment that is an integral part in our everyday life and in every sense of the word.

And when I leave the centre I am enlivened again because I know that true knowledge brings me inner strength, love, happiness, peace and harmony and it sure is inspiring to be a part of this authentic truth mission without being encumbered by illogical dogmas.

It is also encouraging to know that last year FIGU has had over one million hits to its website which is a testimony to the fact that truth prevails no matter what and that “no amount of shovels will bury the truth”.

Bianca Recht
**Schöpfung und Mensch**

Die Schöpfung ist überall, und wer sich als Mensch selbst erkennt, erkennt damit auch die Schöpfung, denn sie ist im Menschen selbst ebenso existent wie auch überall in der Natur, in der Fauna und Flora und im gesamten Universum. Also erkennt der Mensch durch seine Selbsterkenntnis sowohl sich selbst als auch die Schöpfung. Durch Selbsterkenntnis muss der Mensch die Erfüllung in sich selbst finden und sich als Teil der Schöpfung erkennen, und durch die wahre innere Erkennung verschmilzt der Mensch mit der Wahrheit und der Existenz der Schöpfung. Doch nur die innere Suche nach der effectiven und wahrlichen Wahrheit lässt auch die wahre, schöpferische Wahrheit finden.

SSSC Hinterschmidrüti, 29. September 2005, 1.54h

Billy

**Creation and Human Being**

The Creation is everywhere, and whoever recognises himself/herself as a human being, therewith also recognises the Creation, because it is existent in the human being himself/herself and also everywhere in nature, the fauna and flora and in the entire universe. Therefore, through his/her self-cognition the human being recognises both himself/herself and the Creation. Through self-cognition, the human being must find fulfilment in himself/herself and recognise himself/herself as a part of the Creation, and through the true inner recognition, the human being merges with the truth and the existence of the Creation. However, only the inner search for the effective and true truth also allows the true, creational truth to be found.

SSSC Hinterschmidrüti, 29th September 2005, 1:54 Billy

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*Bianca and Vibka from FLAU enjoying Creation.*