



# FIGU LANDESGRUPPE AUSTRALIA

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**STILLE REVOLUTION DER WAHRHEIT**

**QUIET REVOLUTION OF THE TRUTH**

## FIGU - LANDESGRUPPE AUSTRALIA Newsletter

OFFICIAL NEWSLETTER OF THE FIGU AUSTRALIA NATIONAL GROUP FLAUS

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### **Strong and weak**

A human being, who is strong, conquers himself/herself,  
however, a weak one is very ill in himself/herself, which is  
why he/she  
exercises malicious might over his/her fellow human beings.

### **Stark und schwach**

Ein Mensch, der stark ist, besiegt sich selbst, ein schwacher  
jedoch ist in sich sehr krank, weshalb er über seine  
Mitmenschen böseartig Macht ausübt.

SSSC, 20. Juni 2011 00.12 h, Billy

# IMAGINE

**Imagine...** a peaceful planet Earth where people have removed the greedy politicians from power: the world is a stage where leaders no longer speak of banal and empty promises without considering the simple and uncomplicated truth. The unconscionable scientists have stopped playing god and realised that nuclear power stations must be dismantled because the Earth has geothermal energy in endless abundance.

**Imagine...** science coming of age and ceasing atomic testing and exploration in the name of 'progress' and malicious machinations. Planet Earth's beauty is no longer exploited for resources and profits and weighty dams have no purpose. Instead, Mother Nature and the atmosphere are free of hazardous pollution and toxins and have been given a new lease on life to renew that which has been taken away, exploited and disregarded for centuries. Hope and vision for a new beginning supports the natural co-existence of all creatures living in the macrocosm and microcosm according to the creational order and recommendations.

**Imagine...** a world free of religious indoctrination where birth rate has been altered because of greater understanding, love, education and respect for human dignity and consciousness evolution; where parents and children live with respect, true love, joy, peace and harmony. Education is the most natural way of life for the common good for all human beings, whereby societal progress and love lead to global freedom and peace on this Earth. Wars are no longer invented for profits, might and glory in the name of peace, and mothers do not send their children to wars they know are hopeless.

**I imagine...** a new day is dawning, and a chrysalis begins its evolution to new life. The sun rays gleam upon the sunflowers in the fields, and the ocean and rivers support the life of fish and mammals. And when the sun begins to set, and the evening breeze sends the bees to their hives, life on earth takes a bow to say thank you Creation, and good night.



**I imagine...** standing in a garden of plenty and endless beauty, where the scent of my favorite flower is so elating I am enveloped in joy and all my seven senses are heightened and brimming. Here, nature is imbued with creational love, joy and harmony. I have no more doubts, I know I am one of Creation's creation, I am a spiritual being.

**Imagine...** in the distant future men will no longer be the ruling power of tyranny, lust for power and addiction to war. Women as true mothers of the Earth will steer the fate of our planet to finally usher peace for humanity just as countless civilizations in the Milky Way and in the greater universe have achieved centuries long ago.



**Imagine...** you are but a tiny part, speck of a grain in the never-ending endlessness of a most intelligent, powerful and creative universal consciousness called "Creation".

Happiness seems attainable, and words such as jealousy, hate, greed, vengeance and lust no longer exist, because just as the stars do not fall from the night sky and the sun rises then sets at dusk, so too, you and I are the creations that Creation created to fulfill its very own evolution. We are all connected as if by the finest silk thread, weaving the greater tapestry of creation's consciousness with the wisdom, the might and beauty, and pure creational logic; we are all one Creation.

Bianca Recht



***In Macht der Gedanken*** Billy writes that it is the dreamers, visionaries and fantasisers, as well as those most enthusiastic about evolution, who are the saviours of the world. They invisibly carry humanity evolutively forward. Those who don't make any effort for anything will benefit from the experiences, knowledge and achievements of those who are constructive and creative in dreaming, visions and fantasies.

Those of us busily involved with spreading the renewed teaching on Earth often find ourselves noticing with some horror and despair how impossible the task seems as we look around at the apathetic faces on the people in the street. These are faces that are only occupied with seeking out the latest pleasure-distraction to deal with their boredom, dissatisfaction and lovelessness. These are faces which reveal that the consciousnesses behind them have not even stopped to consider the precarious state of our natural world or the overpopulation, let alone the dire need for human consciousness evolution. We wonder at the phenomenal gap between our stated objective of spreading the renewed teaching to Earth humanity and this sea of dysfunctional apathy. How can we bring the necessary education into this humanity? Even in our own lives, so often the emotional climate is so disturbing we can barely focus on this task ourselves. How do we get beyond this? How do we begin to remove that horrendous gap and at the same time maintain a healthy, cheery optimism?

We have the answer. One place to start is by constructively dreaming beautiful, effective dreams - dreams which also soothe the psyche.

I take my personal dreaming ahead of me in my specific self-chosen task, but not so far that I cannot relate to it. I dream of bright, fresh, clean FIGU centres around the country, where the atmosphere of joyous learning and sharing is already very well established and everything which is required to optimise this learning is already thoroughly in place. Every aspect of these places serves this harmonious purpose and is beautifully aligned – the orientation, the layout, the gardens and the architecture.

I dream that there are loving, good relations between all the future members and friends.

I dream an atmosphere of calm and tranquillity and logical order. Nothing but lack of practise prevents the imagination from creating the most beautiful environments and landscapes and genuinely radiant faces to promote and enhance these ideas. I dream virtues such as reason, understanding, wisdom and knowledge as qualities which are innate to all members. I dream equality, modesty, studiousness, generosity, thoroughness, self-responsibility, efficiency and harmony as the norms. Then I take it up a notch. I dream how it will be when children are taught the teaching of the truth at home and at school and how it will be when old, wise people talk thankfully of how they learnt it themselves as small children. Then I dream how it will be when towns and cities are run on logic and love and councils and governments only promote the well-being and evolution of their citizens. I dream of how entertainment will only serve to give us psychical well-being and evolutionary learning, and people will be puzzled by the concept of selfishness and materialism and will reject it as an obvious hindrance to happiness and progress.



And then, after such dreaming, I wonder, why is it that I had not imagined all these things before, or so thoroughly? Of course, now I know that it is because, as a small child, I was not taught at school and at home that dreaming is constructive due to the might of the thoughts which form the world around us. I was not taught how to dream constructively using love, knowledge, wisdom, logic, reason and all the related good values.

Although I was encouraged to try to change the world, I was not taught that I could and should begin to constructively transform the world using the might of my own consciousness which ultimately serves the evolution of my spirit and of the Creation itself.

And after all this dreaming, my psyche is refreshed, and I can go on expectantly with my work as if my consciousness has been renewed and has had new life breathed into it.

And it is truly a joy.

Vivienne Legg

## A path to 'Billy' Eduard Albert Meier and the FIGU

Around the year 1988, during my primary school years, one afternoon my grandmother rocked up onto the driveway of my parent's house with a gift of two large contraptions which I had recognised from some lessons at school as a desktop computer and monitor. It was one of the first so-called IBM-compatible computer systems for my family and friends, the XT model. As the landlord of a small apartment, my grandmother had two tenants from Malaysia and they had decided to sell their older computer to her at her request. Initially I was slightly worried that this would mean more potentially boring school lessons transferred into my comfortable home environment and did not even consider the fact that, only months later, these contraptions would prove the opposite; interesting, and a connection to the world.

My neighbour at the time was a year or two older than me and quite technically-minded. He had some experience with different model computers and he was happy to teach me the basics of usage and provide me with what I needed for a better experience. This included games of course and also a modulator-demodulator apparatus, or a modem. This is where things really became interesting. With a simple small black box and a phone line, a previously hidden world of persons and information was revealed to me. Of course, at that time there was no internet, so the connection to them was made by connecting to local, national or international exchange points, otherwise known as BBSes or Bulletin Board Systems. Due to the extremely slow data transfer speed, larger picture, sound and video files were out of the question for the most part, however text files were only small and there was really no limit to downloading these. To topics like extraterrestrials, UFOs, time travel, underground bases, secret technology, etc. and the corresponding message boards and chat channels is where I headed and oftentimes was awake until midnight and the early hours of the morning reading about fascinating information, which at that time was accessible to me only online. Upon reading this information, the possibility of UFOs and extraterrestrials being real did not surprise me, as feelings within me led me to this conclusion and it was something I had considered, however what did surprise me were the stories about supposed underground 'alien' wars, space wars, time travelling, secret technology tests and the like, which I saw and read nothing about on television or in the papers.



**S**ome of these reports detailed events as early as the 1940s up to the then present time. Popular movies and television programs about some of these topics had existed already of course, but these were presented as only science fiction, not as reality. Over the ensuing years, amongst all this online information, it became difficult for me to distinguish what was real and what was the product of someone's colourful imagination, however certain descriptions of things and events were eventually proven real with logic or corroborated at a later date.

Extensive hardcopy encyclopaedia collections were suddenly considered recyclable material. The internet was able to bring decades of information and evidence about UFOs and all related topics, which had already been investigated and documented, scattered in libraries and in storage all over the world, to one place which could be easily accessed by anyone with a connection. I was able to read about George Adamski, Stefan Denaerde, Daniel Fry, and many other cases which were investigated by Wendelle C. Stevens and others. I also recognised the name Billy Meier as well from earlier reading and grouped him together with everyone and everything else; just another interesting case with interesting information.

Away from the computer, during my time in Primary and High School, I found no one with whom I could share and discuss this information which I realised to be important, first and foremost because no one else my age with whom I was in contact really concerned themselves with it, due to the fact that it was considered too far out of the ordinary or simply unimportant. Generally school friends had other things on their mind too. A number of friends my age were not shy to use their imaginations in thinking and talking about leaving the Earth for other worlds and star systems, however simple mention that this has already happened on Earth in the past, is happening now and is not purely science fiction, left some perplexed looks on faces. In comparison, school work was largely uninteresting and waking up and catching the bus to school early most mornings became a chore, especially after a very late night reading.

To the detriment of my regular studies, during High School and University, at second-hand book stores and through friends and surprisingly in my mother's own collection, I discovered books which I found interesting which were categorised under the New Age genre, some of which included accounts of extraterrestrial contact. Books which come to mind are "Autobiography of a Yogi" by Paramahansa Yogananda, books by Linda Goodman, several books by T. Lobsang Rampa and books on different alternative topics such as numerology and astrology, palmistry and so on.

Generally the more out of the ordinary and diverse, the more interesting they were. Some of these had a lot more to offer than others and some were a lot closer to the truth than others, however during this time I made no distinctions regarding the content and was more concerned that they had something original to offer, as I was hungry for new information, concepts and descriptions of experiences, etc. Preference was for non-fiction however many times this was left to the reader's discretion. It was an obscure and illogical quote in reference to overpopulation in one particular book which recalled the memory of reading about it in the FIGU material earlier. However this time, upon revisiting the FIGU material, I was prepared to read it in more detail. The extensive explanations in relation to overpopulation were concordant with my thoughts, refreshing after being mostly absorbed in books in the New Age category and also well received. This led to the reading of short writings by Eduard Meier such as 'Desiderata' and other booklets about life and death, meditation and so on and also to the Plejaren contact reports which are extremely in depth and expand upon just about everything important which concerned, concerns and will concern terrestrial humanity. The details of the case, much of which has already been verified, and which are also provable through logic in many cases, are in stark contrast to the information about similar topics in many other books and writings.

After the further reading of various books, life experience and by virtue of the truthfulness and exactness and clarity of the writings of 'Billy' Eduard Albert Meier, I began to distance myself from many authors, as it became as clear as a fine sunny day that the authors of the vast majority of works in the genres of New Age, Spirituality, the Metaphysical, the Paranormal, Conspiracy and similar genres, the authors of so-called 'channelled' information in particular, and the like, really have little or no knowing of the truth and even if they recognise it, would suppress and distort it in a heartbeat if this gains more profit and more followers for them and if this allows them to continue to uphold their false and unfounded opinions. In many cases these authors are not capable of presenting and also not concerned in providing truthful writings, but only in fattening their bank accounts and assets, attaining fame and influence and having themselves put on pedestal, whilst they continue to deceive fellow human beings in the process. This is easy for such persons to achieve because of the fact that many human beings really have no interest in the truth, but rather are attracted only to the illusion created by these persons, the material wealth and fame of these persons, and desire the same or suchlike for themselves, consequently, therefore many human beings are enticed and deceived by these deceptive per-



and will defend and support them blindly, as they do not want the possibility of emulating them and their own corresponding false beliefs to go down the drain with them. This is not limited to the authors of New Age and related works, as in many cases this extends into other works of non-fiction and even into academia. A common characteristic to identify such deceptive persons is their desire or attempt to form a clique or conditionally exclusive group, in one form or another, around their false opinions, writings and teachings, by forming nonsensical conditions with which to pompously and haughtily place themselves high above others, however, it is only a matter of time until they fall and are shown for what they really are in the light of the truth. The truth is not subject to change and imprisons no one and it exists for each and everyone all the same, regardless of whether one is female or male, or considers oneself or is considered by others to be spiritual or not so spiritual, large in consciousness or small in consciousness, intelligent or of little intelligence, of a good nature or ill-nature, able bodied or physically challenged in any form, young or old, rich or poor, thin or fat, short or tall and so on and so forth. As I began to look into everything in more detail, I came to realise that there is more to Eduard Meier than meets the eye. On the surface there are the extraterrestrial contacts with the Plejaren which began in 1942 when he was 5 years old, and also those with other extraterrestrial beings still continuing to this day, as well as the contact reports and all the physical evidence in the form of photos, videos, sounds, substances, eye-witness accounts, etc., some of which have been in existence since the 1940s, long before the internet and personal computers.

However, in addition to this and most importantly, there is the spiritual teaching, which has very accurately, very extensively and very laboriously been written down in the German language by Eduard Meier for all humankind in lessons and in books which number into the thousands of pages. Furthermore, in some cases the similarity between the newly presented spiritual teaching and the religious scriptures such as the Bible and the Qur'an cannot be ignored, but this is not without apparent cause, because this is not the first time that the spiritual teaching has been presented to humankind, as the true prophets, amongst whom 'Billy' Eduard Albert Meier is counted, have already imparted the spiritual teaching in the past, however before this point in time it was written down by others and in many cases the true sense was lost, and in just about every other case it was deliberately falsified.

This was not difficult for the evil ones in power to accomplish and to maintain until, by and large, what can be regarded as recent times, because of the fact that the majority of human beings were uneducated and that the command of even one language was limited to the privileged few.

The fact that these texts are inaccurate and have been falsified is most evident in the god-belief and god-worship which prevail on Earth today, whilst the Creation, which is the Creation of everything and everyone in the entire universe, the spiritual and the material, all the galaxies, star systems, worlds and everything which crawls and flies therein, and all the laws and recommendations, is disregarded or simply not understood. Contained in the spiritual teaching are the laws and recommendations of the Creation together with explanations and interpretations, which were transmitted by Petale, the spiritual level close to the Creation, and Arahata, the valuable one which inspects the time, received through telepathic transmission and written down by Eduard Meier. It is through the knowing, comprehending and practical application of the laws and recommendations of the Creation that the human being can walk the right path in life, the path of intellect and rationality which leads to all the good and high values in life, however never by means religions and religious wrong teachings, which lead human beings into confusion.

The truth is not clearly and plainly expressed via any mainstream media source and even most alternative ones for that matter. It is quite simply an illusion or false appearance of reality which is presented to the general public. This false appearance of reality is then perceived by human beings as reality and is actualised. However, this is only illusion made real, which is far removed from the truth and the reality and the laws and recommendations of the Creation and the life to be led accordingly. All the illogical, nonsensical and imaginary illusions which are performed and presented to humanity via the mainstream means of mass communication, become adopted and substantiated senselessly by many human beings, right up to the point of delusion, like a 'virtual reality' computer program which has been pulled over the eyes of human beings, in which human beings have no option other than to follow all the pre-programmed illogical rules. For example, the already huge human overpopulation of Earth is allowed and encouraged to continue to grow unabated, instead of being curbed, humanitarian aid is collected and squandered, instead of the respective problem being nipped in the bud, imaginary currency in the form of credit is allowed and promoted, instead of only a tangible medium of exchange

which has already been worked for, obsolete energy technologies flood the markets, while revolutionary new energy technologies which will eliminate poverty and need sit on the shelf, beliefs, religions, cults and sects prevail, while the laws and recommendations of the Creation are disregarded and contravened and on and on. Many human beings are easily deceived into believing and substantiating this illusion because they never even consider stripping this illusory 'virtual reality' away from their eyes and beginning to think for themselves. Put another way, researching using mainstream sources of mass communication such as television, newspapers and magazines of all kinds and many mainstream and alternative internet sites in order to come to know the truth, is a long, almost impossible to tread path through the mud of all the illusory nonsense which is pushed down the throats of the masses, and moreover, more often than not it ends in one having to grab onto something before one is sucked under it never to be seen again. This is because the human being is led from one point of confusion to others and back again, by allowing the media to perform the thinking for him/her, never to find a way out. And even then, when one has decided to use one iota of one's own capability to think and comes to know of some fact, how does one know that it really corresponds to the truth and is not simply another illusion which one has been tricked into believing, supporting and substantiating.

In order to most certainly ascertain the truth for oneself, it is necessary to observe reality and nature as it actually exists, by pushing aside the influence of all the illusory nonsense created by others, and to use one's own thinking and thought processes and logically follow trains of thought to their conclusion. There, in nature and within the human being, all the laws and recommendations are able to be observed in effect.

However, even then, these are not easy to discover and to prove to oneself, because first one must cast out the aura of illusion which surrounds oneself and which has been built up by years of believing, supporting and substantiating the illusion and everything associated with it. In the modern world this aura of illusion is something which, at any rate, has been taken on to some degree by the human being regardless of whether he/she thinks otherwise, because unless he/she lives by himself/herself out in the middle of nowhere or belongs to some remote tribe of human beings, in one form or another, he/she has been exposed to the illusion through some form of media or through other human beings. As an example, some human beings are sensitive to the signals emitted from mobile phone towers, which cause them discomfort or even physical illness; however for others this is not a concern.

Nonetheless, this does not mean that the signals emitted from these towers are not having some negative effect on these other human beings anyway, albeit unnoticeably.

When the human being recognises and becomes aware of this illusion and stops believing, supporting and substantiating it, only then can he/she begin to detach from it and everything can be observed as it truly is. In many cases, this illusion which the human being bases his/her reality upon, begins to influence him/her from an early age and all of this makes it difficult for the him/her to truly be himself/herself, in other words, to be a human being in the true sense of the word and to allow his/her true self to be recognised and nurtured, in order for it to emerge and to be expressed. This is because one allows oneself to be slapped over the head and kicked into line by an extremely evil and restrictive system created out of illusion, at the fear of appearing out of place and being uncomfortable and alone. However it is precisely these things which must be fought and conquered, so that the human being's true self is allowed to emerge fearlessly and the corresponding reality can be lived and expressed.

In the book "Light Years" by Gary Kinder, an informative book which documents the Meier case and which was published in 1987, the opening lines in the acknowledgements state, "It is impossible to enter the field of ufology without treading upon many footprints", after which the author credits some of the investigators in the UFO field. However it must be noted that these investigators and many others who have researched UFOs since the early 1900s are just the tip of the mountain, because the so-called UFO phenomenon has been going on for a very, very long time and is much bigger than one human being and just the current events. Before the time of Immanuel, before the time of the old Egyptian civilisation and even before then, when the Atlanteans thrived on the Earth, UFOs and extraterrestrials have been visiting the Earth. The Earth has been visited by malevolent extraterrestrials who exploited and manipulated Earth humanity by posing as creator-gods, and also by benevolent ones who were able to guide some human beings onto the right path through correct teaching and instruction. Telecommunications in this modern time has allowed many more human beings access to this information, much of which can be read about in the Plejaren contact reports, however, which was left out of just about all the history books until the present time.

Through all of this, most notably, it was and is the true prophets from the Nokodemion-line, Henoah (Enoch), Elia (Elijah), Jesaja (Isaiah), Jeremia (Jeremiah), Immanuel (Immanuel), Muhammad (Mohammed) and Billy



(BEAM), who have given their lives to imparting and proclaiming the true spiritual teaching through unspeakable hardships, so that Earth humanity did not and will not completely destroy itself and can finally completely eliminate from the Earth all religions, wars, evil Gewalt, murder, capital punishment and many other terrible things with which it is plagued and ultimately be directed towards and walk upon the path of true living.

As mentioned by Eduard Meier, he is the last prophet in the Nokodemion-line of the seven prophets, as the spiritual teaching has been recorded in books and electronic form and from now on will remain stored and unchanged. However, it will take quite some time until all Earth humanity finally embraces the spiritual teaching and lives accordingly, which is why it is important that those human beings who read it and actually become conscious of and accept the truth, ultimately completely do away with the illusion and realise what it takes to bring about the change which will lead to true love, peace, freedom and harmony upon Earth and actually carry it out without fear.

# Adam Dei Rocini

13<sup>th</sup> Sep 2012

**Horcht auf, Menschen der Erde**

Sucht und findet in euch wahre Liebe, Frieden, Freiheit und Harmonie, auf dass ihr in Freude, Glück und Zuversicht lebt sowie ein erfülltes Leben in Zufriedenheit gewinnt, das ohne Not und Angst oder Religiosität und Politik.

SSSC 8. April 2011, 18.30 h, Billy

~\*~\*~\*~\*~\*~\*~\*~\*~\*

**~!~!~ Listen up, human beings of the Earth ~!~!~**

Search for and find in yourselves true love, peace, freedom and harmony, so that you live in joy, happiness and confidence and also gain a fulfilled life in satisfaction; and that, without hardship and anxiety or without religiousness and politics.

SSSC 8th of April 2011, 6:30pm, Billy

# My wish fulfilled

It was June of 2007 and I was at the SSSC.

As always after dinner, Figu members like to spend some time sitting around the table chatting and welcoming new visitors - this is the hub for many exchanges between all the people who visit the centre, as well as being the nerve centre when Billy conducts meetings.

I thought the time was right and decided to express my thoughts and I said: “one day I would like to be part of the formation of a Figu group in Australia”. My comment drew a quiet and intense moment of observation. I felt somewhat perplexed, but at this moment in time, I knew why I was there: I was drawn to the centre because it was the most obvious and inevitable progress towards helping the mission, and I knew this without any doubts in my mind. I also thought to myself that, so many things happen in the northern hemisphere yet not much happens “down under”, so it is high time for that to change.

After what seemed to be a lengthy moment of silence... I was listening to a weighty explanation for such an undertaking, and so I listened intently. I was told - people must not use the euphemism of ufology with the message of spiritual teaching, because most read the UFO information with great enthusiasm but then stop short... of digging further. It takes time for like minded people to find each other, and when a group is finally formed, every body works at their own capacity towards mutual goals. Such a group is formed with spiritual values whereby each member possesses the core idea and value of spirit lessons or Geisteslehre. Because a person is an individual human being, each one is different in his/her personality, character and ego, consequently matters must be worked out as a group in order to achieve the same objective. Naturally it will be a rough road ahead, so people must work out their personal issues and put aside their ego because there is no need for another leader such as is Billy, now.

Co-operation and harmony must exist in order to help advance ourselves and help humanity as a whole. Each person and the group carry responsibilities beyond the norm, it is not to be taken lightly. A person who joins the Figu group has to have sound understandings of its implications and social responsibilities to oneself and the whole mission.

Only now I would draw a breath... and felt a need to quietly reflect and ponder my idea, as I was left with an indelible mark on my mind. I knew with all my senses that the reason I and other Figuians who find the way to the centre, is because the reason is older than we are and deeper than we realize. And so I was left thinking, that as a human being living on this planet at this passage of time which Billy also identifies as the Age of Aquarius, my responsibility to humanity is of the outmost importance.

With each year and my subsequent visits to the centre I was asked the same question: “when are you forming a Figu group in Australia”? “I will do my best, it takes time...”, was my reply every time.

Well, time has passed and much water has flowed under many bridges, but we have indeed found each other and I am now one member of a group of seven members who have come together and formed Figu Australia “down under”. For all seven of us scattered around this vast land, it is a work in progress as we carry this important responsibility and do our best to help advance humanity to a new level within the scope of each of our evolutionary journeys.

I am content in my life now, as I have found the true meaning of my life’s journey; I help pave the way for peace on our earth – Terra.

Bianca Recht

# ERRORS OF OTHERS

*Vibka Wallder*

It is so easy to find the errors of others, and when I grew up it seemed to be a sport for many people to find them and talk about them to third persons, behind the back of the person concerned of course, because it takes a lot more courage to talk about it with the person who made the perceived error. And to my shame I must admit, that I, like many human beings on this planet, am guilty of engaging in such reprehensible behaviour.

During my studies as a social education teacher I learnt that 80% of what children learn is actually not what we formally teach them, but what they subconsciously pick up from their role models around them, i.e. parents, teachers, siblings, peers and so on. So there is my excuse: growing up in an environment, where it was 'the done thing' to talk about others who weren't present, has formed this behaviour in me and without knowing I followed suit. Does that hold up now? Of course not, because over time I have learnt that we are responsible for our behaviour and that we can change ourselves for the better. Thoughts are very powerful, and we can achieve anything we want if we use them in the correct manner. That means I can unlearn this wrong behaviour of talking about others behind their backs. I just have to be more conscious of my thoughts and think about them before I open my mouth. And I have to reflect regularly on what I have thought, said and done during the day, and make an effort to improve where I may have slipped and made the same error again. Studying Billy's teaching helps as well, because it keeps reminding us of the errors we make and how important it is to rectify them.

In contact report 169 from March 28, 1982, Billy and Quetzal talk about communication. Billy explains that we cannot make any progress nor have any self-recognition if we run down our fellow human beings, search for their errors and tell on them. If we want to learn, we have to keep our mouths shut and zip it. We are only allowed to register someone else's errors if we happen to witness them, but we must never talk about them to others.



We are only allowed to observe the error, keep our mouths shut, register it and think about it thoroughly. The mere thinking about it serves the purpose that we use the error of others to check whether we may make the same error, and thus we can recognise and rectify it. Whoever talks about the errors of others, and therefore slanders and runs them down, will never learn anything. To the contrary: if we witness a error in someone and talk about it to a third person, we are never able to think truthly and discover our own errors. Such a human being constantly tries to shape others according to his/her own template and therefore he/she engages in antagonism, black mailing, quarrelling, talking behind the back and other terrible things. This behaviour also has an effect on our study of the spiritual teaching and so forth, because a human being with this life-conduct will then not be able to truly focus on his/her spiritual studies. The energy for it is missing, because he/she is wasting it with directing his/her attention to the errors of the next one, whereby he/she loses all powers and progress for self-recognition. The powers, which would be necessary for the study of the self, the spiritual teaching and the self-recognition, are then eaten up through the wrong behaviour, which is the slandering, reviling of others, the erroneous observation of others and the searching for errors in them. Instead of sweeping and eliminating the dirt off our own doorstep, we constantly mop in front of some else's door. But of course, everyone claims that this is not the case, but that the other person was so crude and noticeable as well as unruly, aggressive and wrong, that we just could not ignore it. But this lame plea can be absolutely no excuse, because it only shows up our own erroneous behaviour even more, which we do not consider, because each one of us wants to be better than the next one, because the delusion of self-praise and self-worth in us is usually bigger than our honesty.

Now one may ask what the difference is to Billy and the Plejaren talking about other persons, which is often published in the contact notes. My understanding is that Billy has usually spoken with the persons concerned about their behaviour, and discussing it openly and publishing it serves as a tool to get the message across to the persons that they really have to work harder in order to make progress on their evolutionary path. This is similar to parents discussing the errors of their children or teachers discussing the errors of their pupils. It is done for the benefit of the one making the error, to assist that person with some strategies and advice.

And the best thing then is to talk with the child or pupil in a neutral-positive manner, so that they are willing to learn and take the advice on board. This is quite different to slander and backbiting, which does not help the person making the error, and which is usually done because of one's excessive self-praise and self-worth.

Well, I wish I had known this some thirty years ago, and perhaps I would have made more progress on my evolutionary path. But, it's never too late to begin with changing our behaviour for the better, so today is the first day of my new life without participating in any slander and backbiting. Wish me good luck!

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Truthly = wahrheitlich = der Wahrheit zugetan; der Wahrheit entsprechend; wahrheitsbezogen; belangt zur Wahrheit (<https://figu.org/dict/node/7410>)

### **Die Stimme**

Wenn der Mensch nicht nur auf seine eigene Stimme hört, sondern auch auf die aller Dinge in der Natur; wenn er dem Knistern des Feuers, dem Sausen des Windes sowie dem Rauschen des Regens, des Meeres, der Büsche und dem Gurgeln der Bäche lauscht, dann hört er die Stimme des Lebens, und er nimmt den Odem des Daseins wahr.

*SSSC, 18. April 2012, 19.18 h, Billy*

### **The Voice**

If the human being does not just listen to his/her own voice, but also to the voice of all things in nature; if he/she listens to the crackling of the fire, the singing of the wind as well as to the murmur of the rain, the ocean, the bushes and to the gurgling of the streams, then he/she hears the voice of life, and he/she perceives the breath of life.

*SSSC, 18t h of April 2012, 7:18 pm, Billy*