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Auszug aus dem Buch «Zur Besinnung»

Seite 312

Es ist der einzelne Mensch, der etwas bewirken kann, wodurch für ihn und die Menschheit ein besseres Welthild entsteht. Schon die geringsten Ideen, Gedanken und Gefühle können gewaltige Rollen bringen Dinge ins und Veränderungen zum Besseren hervorbringen. Ein guter Anstoss eines einzelnen kann schon einen wertvollen Bewusstseinswandel zum Guten in vielen Menschen bewirken. Und das ist nicht nur möglich im Bereich der einfachen, gebildeten Menschen, sondern auch bei den Gelehrten, bei den Armen und bei Reichen sowie in der Gesellschaft und in den Familien und Freundeskreisen.

<Billy> Eduard A. Meier 0.49h
Semjase-Silver-Star-Center 21.Januar
2010

Extract from the book «For the Contemplation»

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It is the individual human being who can effect something, through which a better picture of the world arises for him/her and for the humanity. Already the smallest ideas, thoughts and feelings can get tremendous things rolling and bring forth changes for the better. A good impulse from one single person can effect a valuable change of consciousness for the good in many human beings. And that is not only possible in the area of the simple, educated human beings, rather also with the learned ones, with the poor and the rich as well as in society and in the families and circles of friends.

<Billy> Eduard A. Meier 0.
Semjase-Silver-Star-Center
21st January 2010

0.49 am

Keeping the Ideal "in Front of the Eyes"

Vivienne Legg

As I deal with my daily challenges and struggles and try to overcome whatever limits my effectiveness and happiness, I remember the advice from the renewed teaching that we need to always keep our ideal or dream in view.

Sometimes I think of the German expression "vor Augen" which means "in front of the eyes". With these words I can't help thinking that the idea or ideal is stuck to the inside of my glasses or is hanging from the underside of my hat visor – always before the eyes, no matter what else I am doing. Or even better: these are words written suspended in the air in front of my eyes, not obscuring the view but guiding all the daily actions. Although I am taking this expression too literally, obviously the trick is to never let the end that we want to fulfil out of sight – to never let it out of our conscious consciousness. As Billy explains in chapter 14 of "Might of the Thoughts", when we know how to nurture beautiful, good, progressive and positive visions, dreams and fantasies, we live with elevated ideals which we are then able to bring to fruition one day by our own means or with the help of others. But we must nurture those dreams, visions and fantasies and not think that they will nurture themselves.

The effort to put my ideal or ideals always right before my metaphorical eyes raises my consciousness all the more in regard to the worthiness of my chosen ideal. It's one thing to nurture a dream that just works now and then, in certain circumstances, but what will that dream or ideal be like if it deserves the position of always being kept right before the eyes as the guiding principle? What better reason to recondition our consciousnesses so that our personal guiding principle serves every single sub-goal (or rather, sub-*Ziel) that we cherish, and vice versa? This impetus for achieving consistency and for being thorough in how we direct all our thoughts is incalculably precious. The prime, guiding position – before the eyes – for the personal dream, demands more care in making sure it is the best possible and healthiest dream we can manage at this point in our evolution, and it also therefore demands constant revision. Then we can enjoy the idea that the personal dream and ideal become increasingly consistent with Creation's idea and evolution, which we express and further with the evolution of our consciousness.

As an example of a possible personal guiding principle, you can't go wrong with, the fulfilment of the Creational idea. But perhaps we need more detail to make it easier to think about. For instance, it could be, spreading peace, knowledge, wisdom, love, truth and cognition. Then the sub-goals might be, the establishment of a place where people can gather together to share and learn the teaching of the truth, and assisting others who are on the same path. There will also be the sub-goals to do with personal maintenance, such as, respecting and caring for my own body, consciousness and psyche. None of these goals contradict the others. But if, as a guiding principle, we choose, "serving the truth and the creational evolution in wisdom", and as a secondary goal, for example, "looking better than the people around me", then clearly the two will clash and the contradicting effect of the secondary goal will need to be recognised so it can be replaced and so that it does not repeatedly interfere with the success of the guiding goal and principle.

But when the guiding principle really is truly respected as such, then any contradictory principles will naturally fall away as the understanding around the guiding principle matures. And that understanding will mature as we continue to make the necessary and very pleasurable effort to nurture it.

*Ziel: (pl Ziele) For Billy, the English terms "aim" or "goal" are simply not acceptable as translations for Ziel. Translations such as "end" or "culmination point" describe it better, but these are still inadequate, and so, in translations of the texts, the German has been carried into the English translation. But in order to make this article understandable to the English reader, I have resorted to using the word goal.

Lack of Empathy to The Extreme

Carlos Hernandez

The more the human population on this planet keeps overflowing, out of proportion and beyond healthy, natural, logical and humane 'eco-sustainable' limits, it becomes more and more apparent (visible) to the careful observer, that a greater potential exist that our days are filled in with lack of empathy to the extremes.

And what are those extremes? In many cases -unfortunately- the early cessation of what could have been very beautiful lifetimes filled with learning opportunities, through unnecessary, untimely early deaths.

Many 'modern' human beings have become now so de-sensitised due to the overflowing of carelessly crafted inhumane/violent scenes inundating the senses through mass media, to such an extent that a point in time arrives in the life of many human beings, when attention can simply not be placed on those events anymore, whether they are from real life or from virtual worlds (i.e. in electronic games, movies, cartoons, etc.), leading to a not caring for the fellow human being anymore, not feeling any empathy anymore, an inner desire not to be bothered watching or listening anymore, nor making any attempt to help the unfortunate ones anymore, let alone even trying to understand the root causes of all those situations, leading further to greater suffering.

This is regardless of whether the fellow human being who suffers is still an unborn baby, a young already born one, suffering through exaggerated domestic violence, violations (rape, etc.) under the evil might (physical strength) of adults, etc., or whether the suffering is inflicted on adult human beings, through bondage or coercion or any form of mental stress, or through relationships not of true-love, or through 'common' street-delinquency-driven violence, as well as accident-driven suffering.

Underlying all these is a complete lack of empathy, because, "if it's not happening to me, if it is not hurting me or a very close relative, then it's not important".

In shock we see in the news several situations where misfortune is terribly ignored, like that lady recently who, astoundingly had to lose her life, stuck in a fence in a street in China, while many fellow human beings passing by would just stare in completely senseless, ignominious oblivion at the suffering of others.

No different rules of humanity apply in the overpopulated China. Nor do different humanity rules apply in India or other massively overpopulated countries. The rules of humanity are all built into the human being's inner nature all the same.



A bullfighter after realising the pain he was inflicting on another being.



A man moved into action after realising the pain his fellow human being was suffering.

The lack of compassion is just driven by the factors mentioned above and maybe even some more, like cultural/religious ideas, lack of valuing of the individual human being's life in comparison to the group or country's interests, and ultimately, fear-driven, wanting to stay away from legal troubles or the questioning by the authorities.

Be that as it may, it's appalling that such oblivion is so common these days. In some cultures, there are even bloody celebrations when contenders knock each other senseless in fighting rings.

Where has humanity and logic gone?

Can my fellow human beings of Earth not hear their inner voices screaming at them that something has gone terribly wrong, that something should be done to help the ones going through misfortune, that we should prevent blood festivals or bull-fights from happening?

Fellow human being, can you not feel the sadness that rises up from within you, when pain or death could have been prevented but wasn't?

When you see that your child is about to fall, or maybe could cross a road and could be crushed to death, don't you feel an urge to prevent that, even at the risk of losing limb or life?

That fellow human being, the stranger, the foreigner, going through misfortune, is also a brother or a sister.

Let us please not ignore the inner voice of intuition and humanity.

Let's stretch that hand when needed.

He or she will be thankful and you will be rewarded on your inner path.

No Rose Without a Thorn

Vibka Wallder

At the moment the roses in our garden are at their best, and in order to enjoy them more I picked a bunch to put into a vase. Naturally, as I was picking them, I got hurt by the thorns, which reminded me of the old saying, 'No rose without a thorn'. It means that sometimes we have to endure a little pain before we are able to enjoy something beautiful like pretty, fragrant roses. Of course, many persons do not like being pierced when picking their roses and the horticulturists have catered for those human beings and created roses without thorns. And that seems to be a bit of a pattern in modern life; we want to avoid pain at all costs, whether it is physical or mental.



Modern parents use baby monitors and as soon as the baby makes a noise that could indicate discomfort many parents run and attend to the baby, instead of waiting to see if the baby may comfort itself again and thus teaching it a little bit of self-reliance. And as a nurse I have seen many parents and nurses reach for the paracetamol syrup or tablets as soon as a child develops a temperature, because they fear that the child may be uncomfortable and perhaps have a febrile convulsion. They don't realise that a fever is a natural reaction of the body to an invasion of pathogens, and when the core temperature of the body is raised to between 38 and 39 degrees Celsius, viruses are eliminated and thus the body's own immune system is dealing with the problem and making the body stronger. If we interfere with this process by means of medication that lowers the temperature, the immune system cannot do its job properly and it takes longer for the body to improve. Of course, we would not want the temperature to rise much above 39 degrees Celsius, but there are gentler means to achieve a reduction in temperature, we do not need to resort to medication.

When it comes to mental problems, all too often modern medicine will offer tablets as a 'quick fix' and many people will accept it readily. For example, when older persons cannot live at home anymore and are admitted to residential care it is quite natural, that they go through a grieving process and feel down and depressed, or in case of dementia they may become quite agitated. In such situations often the medical staff, the nurses and the relatives don't know how to deal with it and they cannot bear seeing the person concerned in that state. So they suggest a 'happy pill' or a 'calmer' rather than working through the issue with the person and thereby helping everyone to grow and become stronger.

In "Die Art zu leben" [The Way to Live], on page 22, Billy recommends that we should always take good care of our bodies and our psyches as well as our consciousnesses. However, it does not mean to mollycoddle them but rather use, that is to say, stretch them, thereby fulfilling our duty towards ourselves and Creation, which is to grow and to progress on our evolutionary path.

Most people know that "If you don't use it you lose it", which means that if we do not use our muscles regularly they become weaker. The same applies to our mental faculties. If we avoid mental pain at all costs it takes us longer to learn certain lessons that are useful for our progress, just as it takes longer for the body's immune system to deal with pathogens if we mollycoddle our body. The saying, "No pain, no gain" is true in every aspect of our life, the physical and the mental, so rather than trying to run away from a problem it is better, in the long run, to tackle it 'head on'.

A short summary by Robyn Foley, of the article:

On reading and studying Billy's writings/ Über das Lesen und Studieren von Billys Schriften', by Atlant Bieri.

In 2004, after interviewing Billy, Atlant Bieri wrote the article, for those who might be curious about the best way to study Billy's writings. I am just presenting a summary of the short article, and I urge you to get this little booklet, which has been published with both the German and English, and is available from the FIGU Bookstore, Switzerland.

Robyn

An opening quote from Billy sets the tone of the short article:

"A real study is like a gigantic explosion, which will never end. It endlessly expands further, just like the universe."

«Ein richtiges Studium ist eine gigantische Explosion, die kein Ende mehr findet. Sie breitet sich endlos weiter aus, genau wie das Universum.» Billy, 10. Januar 2004

Even though written communication is the exchange of ideas, it is evident that a single idea can have an infinite number of meanings which can be interpreted by everyone in various different ways. This means that in order to communicate clearly and as intended and avoid misunderstandings, both sender and receiver must show carefulness and conscientiousness. The important point here is that BOTH sender AND receiver need to be diligent.

Atlant says on page 8:

"To see through the meaning of a word one hundred per cent is not a leisure time activity. To understand is a science that demands hard work from the lazy, pleasure orientated readers."

In this way, lazy readers are more interested in the feelings or impressions and emotions they get from reading the words, and this kind of reading is not considered a good prerequisite for the evaluation and understanding of Billy's works.

Atlant goes on to say, page 8:

"In order to simply understand Billy's texts at the surface, the reader has to accept 'reading' again as a scientific process."

Atlant then offers two main steps in the process:

Step 1.

Be humble [be modest]* enough to accept one's mother tongue as a foreign language. To be well informed about the words of one's own language is the first duty of the reader of Billy's texts, and to also have a dictionary on hand. [Robyn: Have a good dictionary for your own language as well as for the German.] If words are examined thoroughly, then the meaning of the sentence will no longer leave superficial impressions but allow for deeper conscious interpretations that are not right or wrong, true or untrue, but with possibilities to be explored.

*['Humble' is in the original translation of this article, however, as the term 'humility' has the original meaning of being 'of lowness', and 'of the dirt' or 'hummus', with the Christian meaning added of 'shamefulness', the current translation used in the FIGU dictionary for Bescheidenheit = modesty, as in 'unpretentiousness']

Eradicating reliance on impressions, feelings and emotions from words read, will prevent Billy's writings from degenerating into religious doctrines.

Learning by heart is not effective.

Atlant says on page 9:

"Each word is a universe and each sentence is made up of a number of universes."

Step 2.

"The next task is to transfer the language, the word and the teaching into the finely-substanced*[current term from the FIGU dictionary for 'feinstoffliche' = fine-fluidal] sphere of the human existence - into the realm of the spirit. This is internalisation of the text." (p.9), as concepts create states of consciousness which are part of the fine-substanced* world.

So, the idea offered here, is to fathom the text beyond the realm of material ideas.

In order to gain wisdom, the student needs an input and the readiness to receive that input. Being 'ready' cannot be taken for granted and requires work.

Atlant then mentions that there is a border (Grenze) between the 'I' and the 'other', the goal of the student being to make that border disappear. He goes on to say that wisdom is there for those who have 'prepared' their inner self: wisdom being the plant, the writings from Billy are the seed, and the prepared soil is the inner self.

Concentration then, becomes the 'watering of the desert' – giving full attention to the 'sound' of each of the impressions, thus feeling the resonant vibrations of them, and becoming those vibrations oneself.

"Right learning is meditation" Atlant says on page 10. In order to incorporate pure information of a text requires silence of thoughts and seclusion from the material world, and needs time to think and reflect.

To study means to 'become' the essence of the statements being offered.

"The fallow land in the inside and the seed that falls onto the land from the outside unite and become a growing plant" (p.10). Thus, the study is done inside oneself, rather than on paper, books, from memory, etc...a never-ending development, of growth and creation.

One needs to have 'detached insight' being in the here and now in order to capture the essence of that which is being studied. This process cannot be sped up.

"All possibilities, all fantasies, all matrices collapse, and what remains is a single clarity, a single growing plant. This is the kind of study, which the reader of Billy's writings shall strive for." (p.10).



Symbole der Geisteslehre - Symbol of the Spirit Teaching

FLAU Makes a Start in Sydney

Vivienne Legg

In the first weekend in November, FLAU members took some beginning steps to bring awareness of the renewed teaching and the rest of the Plejaren message to Sydney, by holding two introductory talks and an information stand. We had no great expectations, given the usual difficulties involved in attracting interest for the case in any form, but we were encouraged to have largely filled a small conference room in the city centre for the talk that we organised on Saturday at the Sydney Mechanics School of Arts. Although several who attended were already FIGU friends and, of course, members, there were also a few others who were still new to the case. The occasion, though modest, was a great start and opportunity to begin developing our presenting skills and organising all the surrounding infrastructure. It was also a very welcome opportunity for FIGU members and friends to meet together in person, creating a greater sense of community between us.

We were delighted to also present our talk that same afternoon to the Sydney Exopolitics group at the Redfern RSL, having been invited by their secretary, Mariane Flynn, some weeks earlier when she saw our advertisement on the Meetup website, which their group also uses. Their meeting, which included other speakers, was attended by more than 40 people and so we were able to address a very full room of people already aware that extraterrestrials are real and are interacting with Earth humanity. We were warmly welcomed there by the organisers.



We were pleased to have sold 6 more copies of "Might of the Thoughts" at these two talks.

The information stand the following day with the help of a FIGU friend was not so productive but it was nonetheless a worthwhile beginning. After a great deal of effort and expense we had succeeded in gaining permission from Sydney City Council for our little stand outside the Queen Victoria Building in the city centre. We had hoped to hold it prior to the talk, and in fact one lady we spoke to that day would have attended the talk had she known about it. There was a very small number of people who took pamphlets and stopped to have a conversation, and we can only speculate about how many glanced at our banner and allowed themselves a few thoughts about it. The persistent wind was a nuisance that day, but it gave us a chance to give our stand a good test-drive!

A number of people - some FLAU members and also some friends - made donations towards all these efforts in Sydney, giving money and/or time, which was very welcome and encouraging. So many things come into organising such events, even on this scale —advertising, council approvals, transport, bookings, recordings of the events, setting up projectors, printing pamphlets, etc. It is through these personal contributions of resources and initiative that these small, important beginning steps are made possible at all. It's wonderful to see and feel it coming together. So, a big thank you to all those who helped, and also to all those who attended and provided other forms of support. We certainly look forward to further occasions in Sydney, having made this valuable and enjoyable start.

Talmud Prophecy

Adam Dei Rocini

In the space of the last 2000 years, has Earth humanity been able to change or at least lessen the effects of the prophecy written in the Talmud Jmmanuel in chapter 25?

In summary of this chapter, the disciples asked Jmmanuel, referring to the destruction of the temple, when it will happen and what the sign will be. He then gives them a number of signs to look for.

2000 and more years will pass and Israel will not find peace because many wars will threaten the land, many deceivers and false prophets will arise and mislead many. There will be earthquakes, storms and floods, which will be the beginning of enormous calamities. All of which is happening now.

That this message will be taught to all humanity is mentioned, which is also currently taking place.

He goes on to say that when the destruction of Jerusalem happens, this will be the end of Jerusalem and those who live there must flee.

Readers of the writings of 'Billy' Eduard Albert Meier know that religions with their erroneous teachings were formed and exist around Jmmanuel's true teaching and have been the primary contributing cause for the current dire state affairs of Earth humanity. At the current time, Israel is surrounded by the armies of many nations, each with their own and different positions and interests, which only adds to the uncertainness.

However, there is one thing for certain and that is that Jmmanuel was a true prophet, as everything prophesied up to this point has come to pass just as he said it would.

Nonetheless, it is mentioned that whoever persists in the truth will come through.

Jmmanuel also said: Learn a parable from the fig tree; when its branch puts forth leaves, you know summer is near. When they see all this and hear the 'Teaching of the Prophet' they shall know that the time has come to follow it.

schöpferisches

Der Mensch wird geboren, um das Schöpferische in sich sichtbar zu zu machen und

um es zu nutzen.

Billy, SSSC, 4. Oktober 2013

Something Creational

The human being is born in order to make visible the Creational in himself/herself and to make use of it.

Billy, SSSC, 4th October 2013

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